Reminder

Laramie First United Methodist Church

August 2017 Newsletter

August Events

August 2nd (Wednesday)

- **12pm UMW Summer Picnic**

August 8th (Tuesday)

- 6:30 p.m. Finance

August 12th (Saturday)

- **Mission u at Heart of Longmont UMC in Longmont, Colorado**

August 17th-19th (Thurs.-Sat.)

- **UMW Fall Rummage Sale**

August 30th (Wednesday)

- 10:30 a.m. UMW Executive Committee

August 31st (Thursday)

- **11:30-1pm Wesley Thursday Lunch Begins for the semester**

NEWSLETTER DEADLINE IS
Thursday, August 17th

A big THANK YOU to everyone who brought school supplies for our Christmas in July Sunday! This is such a great service that we provide, and it's all thanks to YOU!!!

United Methodist Women's Fall Rummage Sale

August 17th-19th

Thursday, August 17:	**5pm-7pm**
Friday, August 18:	**9am-1pm & 5pm-7pm**
Saturday, August 19: (sack day)	**9am-1pm**

Save the Date

— Potluck —

games, food, fun

Sunday, September 10th

Stay tuned

Here's a look at some of the fun that we had at Gone Fishing Sunday in June!
Having a hard time seeing the pictures? Check them out on our new Instagram account:

laramie_fumc

Instagram

United Methodist Women
FAITH · HOPE · LOVE IN ACTION

The annual summer PICNIC of United Methodist Women will be held on **Wednesday, August 2**, at **noon in Wilson Hall**. This will be a potluck picnic, so everyone is asked to bring a dish to share plus her own table service. Beverages will be provided by the Esther Circle. There will be no formal business meeting, but plans for the August Rummage Sale will be discussed.

The program will be our Annual Memorial Service for members who have passed away since August, 2016.

For our community service project, a voluntary cash collection will be taken for the Downtown Clinic.

All women of the church are invited to attend this event to enjoy a delicious luncheon and a pleasant time of congenial conversation and warm fellowship.

Beloved Community

A MISSION u ONE DAY EVENT will be held in Longmont, Colorado on August 12th at the Heart of Longmont United Methodist Church. Participants may choose either Living as a Covenant Community or Missionary Conferences. Pre-registration is required. The Registrar and Local Contact is Mary Ann Watson whose email address is maw22744@gmail.com and her cell phone number is (719) 684-3857. Cost of this event is $55.
For additional information about this event, please contact Ann Rebka.

UMW FALL RUMMAGE SALE

The **FALL RUMMAGE SALE** of UMW will be held on August 17-19 with Lisa Theis and Capri Helgeson serving as co-chairmen. Rummage which should be clean and in excellent condition can be brought to the church beginning on Monday, August 7, from 8am until noon Monday through Thursday. Rummage may also be brought August 7, 8, 9, 14, and 15 from 4-6pm. All rummage must be brought to the church by the evening of Wednesday, August 16.

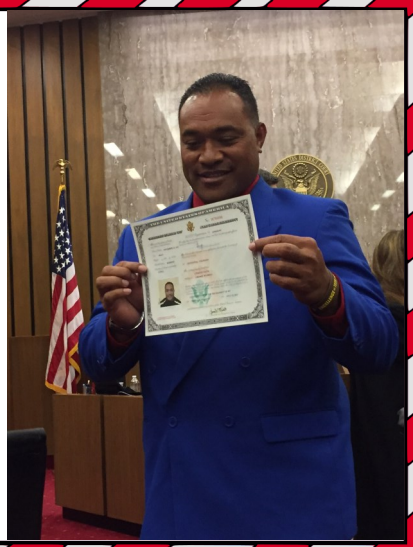
Please remember that computers, TV's, and exercise equipment will NOT be accepted.

Rummage Sale hours are: Thursday, August 17, from 5-7pm, Friday, August 18, from 9am to 1pm and 5-7pm, and Saturday, August 19, from 9am to 1pm.

Volunteers are needed! If you are willing to serve as a cashier, pricer, writer, or floor worker, please call Lisa Theis (742-4779) as soon as possible. A sign-up sheet for volunteers will also be available at the UMW picnic on August 2nd. Workers will also be needed to help with the clean-up on Saturday after 1pm. One does not need to be a member of UMW to participate in this event.

Congratulations to Koni Taufa, who was naturalized as a United States Citizen on July 17th!

Way to go!



Congratulations to Sarah Kooienga, an assistant professor of nursing in the University of Wyoming's Fay W. Whitney School of Nursing, who has received a nearly $1 million, two-year grant from the U.S. Department of Health and Human Services' Health Resources and Services Administration (HRSA) Agency.

The grant will be used to develop an integrated behavioral health primary care initiative at the Family Medicine Residency Program at Cheyenne.

Sarah, the grant's primary investigator, is a regular attendee at Laramie First UMC. Congrats!

First UMC Laramie gets an A+ in Welcoming Students! No, there is no contest but this church is great at reaching out and welcoming new and returning students. We greatly appreciate you leading them to the Wesley information table in the Narthex and introducing them to Rev. Debra or the board members. Not all churches are this outgoing and welcoming. You are a blessing. Keep up the good work!

Safeway Grocery Cards support the Wesley Foundation— We encourage you to purchase a $10 Reloadable Safeway Card from Wesley. Each card comes with $10 on it. Add funds whenever you need and a portion of the proceeds (between 3-5%) will be given to Wesley. See Rev. Debra to purchase a card.

Wesley's Thursday Lunch kicks off on **August 31** in the UW Union, lower level in The Garden. Debra will be there from 11:30-1:00 ready to hand out lunch money (Yes, Wesley buys lunch!). We invite students to drop in as their schedule allows. Everyone is welcome! If you know a student that might enjoy a free lunch encourage them to stop by. We are the noisy group with the bright striped table cloth. For information contact Rev. Debra at dl_juarez@msn.com.

Wesley's Sunday Evening Gatherings will begin on **September 3** at 6:30 p.m. at the church in Wesley Lounge. We'll have a snack (Rev. Debra can really cook popcorn!) and discuss current happenings, Book or Bible studies, and other topics. It's an informal time to get together and talk about faith and life.

In Memory

Reverends Bill and Laurie Bruce served as Wesley directors from 1983-1989. Bill passed away June 17, 2017 after hospitalization for congestive heart failure. Laurie Bruce is a retired deacon living in Arkansas. Rev. Laurie asked that memorials made in Bill's name be sent to the Wesley Foundation in Laramie and I think that is a testament to the impact Wesley has had on the many people who have served here in the past. Condolences can be sent to Laurie Bruce, at 11921 N. Clubhouse Parkway, Farmington, AR 72730 or labruce83@gmail.com.

Rev. Laurie Bruce writes: "*Our time as Wesley directors were one of the highlights in our lives & remember those in Laramie fondly as well. We will have another memorial service for Bill in Denver, hopefully in the fall, so friends from CO, WY & UT can come. This was Bill's wish.*" Watch for details in the RMC newsletter for the date.

2017 Mission Trip Highlights— Three youth, two college students and Rev. Debra joined 40 plus students and adults from St. Andrew UMC in Colorado for a 5 day mission trip to Circle J Ranch in Ten Sleep, Wyoming. Our little group became part of the big group as youth and adults worked together, bunked together, cooked and ate together, and grew in faith together. Groups cleared brush from old trails and new, dug trenches, moved stones, painted, and cleaned. The team from Laramie became great weed pullers as we cleared weeds from a labyrinth that had been built 5 years ago by the group from St. Andrew. We moved some rocks, cleaned things up and then laid mulch. It was a beautiful transformation. The team did the same for an outdoor chapel in the trees.

Our thanks go to St. Andrew for inviting and including us and to all of you at First Laramie for your support and prayers. It was an amazing experience and we hope to do another one next year!

Mission Trip to Circle J Ranch 2017

Serving This Month

Greeter Schedule

Aug. 6	Joan Ryan (ED) Barb Farmer (HD) Barb Fresquez (HD) Stephanie Wodahl (L)
Aug. 13	Don & Sigrid Merriam (ED) Sandy Honken (HD) Jan Mahlum (L)
Aug. 20	Bernie & Jean Kolp (HD) Susan Ballard (ED) Ethan Hawks (L)
Aug. 27	Millie & Taylor Leaming (HD) Bob & Sylvia Hansen (ED) **Volunteer Needed** (L)

ED– East Door, HD—Harney Door, L- Lobby

Usher Schedule

Aug. 6	Doug Henricks Jim Anderson Gary Crum Harold Colby
Aug. 13	Virginia Porter Bob Honken Ruthann Kline Smith Kevin Carroll
Aug. 20	Taylor & Milie Leaming Tami Howe Tony Munari
Aug. 27	Sandy Kerr Rollin & Carolyn Abernethy

Communion Stewards

Aug. 6	Ed & Guyla Nowak Jan Mahlum
Aug. 13	Taylor & Millie Leaming Gail Otto
Aug. 20	Bob & Sylvia Hansen Sandy Barstow
Aug. 27	Diane Mercil Robert Buck **Volunteer Needed**

Video Tech Schedule

Aug. 6	Greg Jordan
Aug. 13	Denny Coon
Aug. 20	Denny Coon
Aug. 27	Harold Colby
Sound:	Mike Sullivan

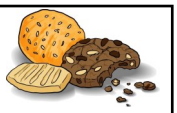
Coffee

Aug. 6	Cal Van Zee
Aug. 13	Cal Van Zee
Aug. 20	Bernie & Jean Kolp
Aug. 27	Sid Walter

Nursery

The nursery is closed for the summer. If you would like to help in the nursery when the school year starts please contact the office.

Treats



Aug. 6	UMW
Aug. 13	**Volunteer Needed**
Aug. 20	**Volunteer Needed**
Aug. 27	**Volunteer Needed**

Are you able to fill in where it says "**Volunteer Needed**"? Please contact Kim Reaman at kreaman31@gmail.com.

We appreciate all of our volunteers!

THE REMINDER

First United Methodist Church

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RETURN SERVICE REQUESTED

YOUR AUGUST 2017
NEWSLETTER IS HERE

SUNDAY WORSHIP
10am

Fellowship time
following the service

The Reminder
Laramie First UMC's
Newsletter